



Art of Greens UG  
4. Etage, Gontardstrasse 11  
D-10178 Berlin-Mitte

Tel.: +49-30-99252188  
Fax: +49-30-6125438  
Email: [info@artofgreens.com](mailto:info@artofgreens.com)  
Homepage: [www.artofgreens.com](http://www.artofgreens.com)

## PRODUCT SPECIFICATIONS

### PRODUCT INFORMATION

Product Description:	Falafel Balls 18g - South Africa
Product name on pack:	Chickpea and Quinoa Falafels
Secondary descriptions:	An authentic recipe made with a savory blend of chickpeas, fresh coriander and cracked black pepper.
Product Category:	Frozen
Manufacturer:	Fry Group Foods SA
Packer:	Fry Group Foods SA
Weight per pack:	270g
Units per pack:	15
Packs per case:	6
Coding life:	18 months from date of manufacture
Product Code:	F4586
Retail Barcode:	6005207001458
Shipper Barcode:	46005207001456
Shipper Dimensions:	176 x 161 x 220mm

### CONTACT DETAILS

Contact Name	Hayley Richardson/ Merisha Harry
Position	Director/ NPD Co-ordinator
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## **DECLARATIONS**

Ingredients:	Chickpeas (33.3%), Sunflower Oil, Onions, Sweetcorn, Quinoa (3%), Garlic, Cumin, Ground Coriander, Fresh Coriander, Sea Salt, Bicarbonate of Soda, Parsley, Mint, Black Pepper.
Allergens:	None
Claims:	Source of Protein High in Fibre GM Free Meat, Egg and Dairy free (100% Vegan)
Endorsements:	Vegan Society of UK Halaal / Shuddha

## **SHELF LIFE AND STORAGE DETAILS**

Shelf-life:	18 Months from Date of Manufacture
Date Coding:	MNF: Date of Manufacture BBD: Best Before Date
Storage and Distribution Requirements:	Keep Frozen. Store at or below minus 18`C until best before date. If desired, thaw product in refrigerator at or below 5`C. Use thawed product within 1 day. DO NOT REFREEZE AFTER THAWING.

## **PACKAGING & LABELLING DETAILS**

Primary Packaging Material:	Carrier Kote (Retail Box)
Secondary Packaging Material:	Cardboard Shipper (Kohler)

## **COOKING INSTRUCTIONS**

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**Remove from freezer 10 minutes before cooking – Remove from Packaging**

Cook in Oven	Preheat oven to 180 C/360 F/Gas mark 6. Place on an oven tray. Place in the oven and brush balls with a little oil and bake for 10 -15 minutes until crispy on the outside
Cook in Frying Pan	Fry balls in a little oil on medium heat for 7 – 10 minutes, turning regularly until crispy on outside and hot in the middle.
<b>Ovens vary, these instructions are guides only</b>	

**USES & ABUSES**

Intended Use	Product can be consumed as part of a full meal or on its own
Potential Abuses of Product once out of Fry's Control	Temperature abuse,
Potential Hazards Related to abuse	Mould, sourness,

**INTOLERANCE DATA**

Is the product free from:	Yes/No	If No, state source
Nuts and nut derivatives	Yes	
Nut Derived Oils	Yes	
Nut Cross Contamination	Yes	
Seeds and seed derivatives	Yes	
Seed Derived Oils	No	Sunflower Oil
Seed Cross Contamination	Yes	
Sesame Seeds	Yes	
Additives	Yes	
Preservatives	Yes	
Antioxidants	Yes	
Natural Colours	Yes	
Artificial Colours	Yes	



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Natural Flavours	Yes	
Artificial Flavours	Yes	
Sweeteners	Yes	
Aspartame	Yes	
Flavour Enhancers	Yes	
Monosodium Glutamate	Yes	
Naturally Occurring MSG	Yes	
Wheat	Yes	
Gluten	Yes	
Rye	Yes	
Oats	Yes	
Maize and maize derivatives	Yes	
Milk and milk derivatives	Yes	
Lactose	Yes	
Egg and Egg products	Yes	
Soya and soya derivatives	Yes	
Fruit and fruit derivatives	Yes	
Vegetables and vegetable derivatives	No	Onion, Sweetcorn
Yeast and yeast derivatives	Yes	
Sulphur dioxide and sulphites	Yes	
Benzoates	Yes	
BHA / BHT	Yes	
Hydrolysed vegetable protein	Yes	
Added salt	No	Sea Salt
Added sugar	Yes	
Irradiated foodstuffs	Yes	
Fish	Yes	



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Shellfish	Yes	
Celery	Yes	
Mustard	Yes	
Lupin	Yes	

## **GM STATUS**

<b>Question</b>	<b>Yes/No</b>
Does the product or any of its ingredients contain any genetically modified material (active or not)	No
Is the product or any of its ingredients not substantially equivalent as a consequence of the use of genetic modifications?	No
Is the product or any of its ingredients or additives produced from, but not containing, any genetically modified materials?	No
Have genetically modified organisms been used as processing aids or used in connection with the production of the food or any of its ingredients?	No
Have genetically modified organisms been used to product processing aids or additives but where such genetically modified organisms are not present in the processing aid as used in connection with the production of the food or any of its ingredients?	No

## **IS THE PRODUCT SUITABLE FOR:**

<b>Criteria</b>	<b>Yes/No</b>	<b>Criteria</b>	<b>Yes/No</b>
Vegetarians	Yes	Halal	Yes
Lacto-Vegetarians	Yes	Kosher	No
Vegans	Yes	Coeliacs	Yes

## **SENSORY AND PHYSICAL PROPERTIES:**

<b>Attribute</b>	<b>Description</b>

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Colour	Dark brown with green and yellow pieces visible
Flavour	Savoury taste with notes of cumin and coriander
Texture	Soft centre with pieces of sweetcorn
Aroma	Savoury aroma

## **NUTRITIONAL INFORMATION**

Servings per package: 7.5

Serving size: 36g (2 Falafels)

Average Values	Quantity per servings	Quantity per 100g
Energy	325 kJ (77kcal)	902 kJ (215 kcal)
Protein	2,9g	8,1g
Fat, total	3,6g	10,1g
– Saturated	0,5g	1,5g
– Monounsaturated	1,1g	3,1g
– Polyunsaturated	1,98	5,5g
Carbohydrate	8,3g	23g
– sugars	<0,01g	<0,08g
Dietary fibre, total #	2,4g	6,6g
Sodium	111,2mg (0,11g)	309mg (0,31g)
Salt	0,3g	0,8g

# Method of Analysis AOAC method 991.43. Nutritional information obtained by analysis.

## **FINISHED PRODUCT SPECS**

Weight:	18g – 18.5g
Dimensions:	Diameter = 35mm
Crumb (If Applicable):	N/A

## **MICROBIOLOGICAL SPECS**

TEST	LIMIT / g
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TPC	<800000 cfu/g
Ecoli	<10 per 25g
Staph	<10 per 25g
Coliforms	<1000 cfu/g
Yeasts	<2000 cfu/g
Moulds	<300 cfu/g
Listeria	<10 per 25g
Salmonella	<10 per 25g
<b>Product will be rejected if not conforming to above Microbiological Specification</b>	

**FOR FRY GROUP FOODS (PTY) LTD**

Signature	M. Harry
Print Name	Merisha Harry
Position	NPD Co-ordinator
Date	20.03.2018