



Art of Greens UG  
4. Etage, Gontardstrasse 11  
D-10178 Berlin-Mitte

Tel.: +49-30-99252188  
Fax: +49-30-6125438  
Email: [info@artofgreens.com](mailto:info@artofgreens.com)  
Homepage: [www.artofgreens.com](http://www.artofgreens.com)

## PRODUCT SPECIFICATIONS

### PRODUCT INFORMATION

Product Description:	Soy and Flaxseed Schnitzel
Name on Pack:	4 Soy and Flaxseed Schnitzels
Secondary Description:	With fresh Cilantro, lightly coating in a flax and sunflower seed crumb
Product Category:	Frozen
Manufacturer:	Fry Group Foods SA
Packer:	Fry Group Foods SA
Weight per pack:	320g
Units per pack:	4
Packs per case:	6
Coding life:	18 months from date of manufacture
Product Code:	F1826
Retail Barcode:	6005207001182
Shipper Barcode:	46005207001180
Shipper Dimensions:	252mm X 117mm X 202mm

### CONTACT DETAILS

Contact Name	Hayley Richardson/ Merisha Harry
Position	Director/ NPD Co-ordinator
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## **DECLARATIONS**

Ingredients:	Water, <b>Soy Protein</b> (27%), Sunflower Oil, <b>Wheat Protein (Gluten)</b> , <b>Wheat Flour (Gluten)</b> , Potato Starch, Maize Starch, Flavours, Fresh Coriander (1.3%), Flax Seeds (2.5%), Flaxseed Oil (1%), Emulsifier (Methyl Cellulose) , Onion, Sea salt, Sunflower Seeds (0.5%), Yeast Extract, Coriander, <b>Mustard, Sulphites</b> .
Allergens:	Wheat, Gluten from Wheat, Soy, Mustard, Sulphites
Claims:	Meat, Egg and Dairy free (100% Vegan)  GM Free  Source of Protein  Source of Fibre
Endorsements:	Vegan Society of UK  Kosher Parev / Shuddha/ Halaal

## **SHELF LIFE AND STORAGE DETAILS**

Shelf-life:	18 Months from Date of Manufacture
Storage and Distribution Requirements:	Keep Frozen. Store At Or Below -18 C.

## **PACKAGING & LABELLING DETAILS**

Primary Packaging Material:	Carrier Kote
Secondary Packaging Material:	Cardboard Shipper (Kohler)



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## **COOKING INSTRUCTIONS**

<b>Cook from Frozen – Remove from Packaging</b>	
Cook in Oven	Preheat oven to 180 C/360 F/Gas mark 6. Remove packaging and place on an oven tray. Place in the oven and bake for 15 – 16 minute, turning once. Do not overcook as this will spoil the texture
Cook in Frying Pan	Fry in a little oil on medium heat for 6 – 8 minutes, turning once.
<b>Ovens vary, these instructions are guides only</b>	

## **USES & ABUSES**

Intended Use	Product can be consumed as part of a full meal or on its own
Potential Abuses of Product once out of Fry's Control	Temperature abuse,
Potential Hazards Related to abuse	Mould, sourness,

## **INTOLERANCE DATA**

<b>Is the product free from:</b>	<b>Yes/No</b>	<b>If No, state source</b>
Nuts and nut derivatives	Yes	
Nut Derived Oils	Yes	
Nut Cross Contamination	Yes	
Seeds and seed derivatives	No	Flaxseeds and Sunflower Seed
Seed Derived Oils	No	Sunflower Oil and Flaxseed Oil
Seed Cross Contamination	Yes	
Sesame Seeds	Yes	
Additives	No	Flavour
Preservatives	Yes	
Antioxidants	Yes	



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Natural Colours	Yes	
Artificial Colours	Yes	
Natural Flavours	No	
Artificial Flavours	Yes	
Sweeteners	Yes	
Aspartame	Yes	
Flavour Enhancers	Yes	
Monosodium Glutamate	Yes	
Naturally Occurring MSG	Yes	
Wheat	No	Vegetable Protein, Wheat Flour, Crumb
Gluten	No	Wheat Flour, Crumb
Rye	Yes	
Oats	Yes	
Maize and maize derivatives	No	Flavour
Milk and milk derivatives	Yes	
Lactose	Yes	
Egg and Egg products	Yes	
Soya and soya derivatives	No	Vegetable Protein
Fruit and fruit derivatives	Yes	
Vegetables and vegetable derivatives	Yes	
Yeast and yeast derivatives	No	Yeast Extract
Sulphur dioxide and sulphites	No	Ground Coriander
Benzoates	Yes	
BHA / BHT	Yes	
Hydrolysed vegetable protein	Yes	
Added salt	No	
Added sugar	Yes	



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Irradiated foodstuffs	Yes	
Fish	Yes	
Shellfish	Yes	
Celery	Yes	
Mustard	No	Mustard
Lupin	Yes	

## **GM STATUS**

<b>Question</b>	<b>Yes/No</b>
Does the product or any of its ingredients contain any genetically modified material (active or not)	No
Is the product or any of its ingredients not substantially equivalent as a consequence of the use of genetic modifications?	No
Is the product or any of its ingredients or additives produced from, but not containing, any genetically modified materials?	No
Have genetically modified organisms been used as processing aids or used in connection with the production of the food or any of its ingredients?	No
Have genetically modified organisms been used to product processing aids or additives but where such genetically modified organisms are not present in the processing aid as used in connection with the production of the food or any of its ingredients?	No

## **IS THE PRODUCT SUITABLE FOR:**

<b>Criteria</b>	<b>Yes/No</b>	<b>Criteria</b>	<b>Yes/No</b>
Vegetarians	Yes	Kosher	Yes
Lacto-Vegetarians	Yes	Halal	Yes
Vegans	Yes	Coeliacs	No



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## **SENSORY AND PHYSICAL PROPERTIES:**

<b>Attribute</b>	<b>Description</b>
Colour	Golden Brown
Flavour	Roast Chicken flavour with a hint of Mustard
Texture	Crispy outside and tender inside
Aroma	Fresh Breadcrumbed crumbs, Savoury Odour

## **NUTRITIONAL INFORMATION**

Servings per package: 80g x 10

Serving size: 80g

Average Values	Quantity per 100g	Quantity per servings	%RI
Energy	998kJ (239kcal)	799kJ (191kcal)	
Fat, total	14.4g	11.5g	
– Saturated	2.0g	1.6g	
– Monounsaturated	3.9g	3.1g	
□ Omega 3 fatty acids	0.6g	0.5g	
□ Omega 6 fatty acids	7.9g	6.3g	
– Polyunsaturated	8.5g	6.8g	
Carbohydrate	15.4g	12.3g	
– sugars	2.5g	2.0g	
Dietary fibre, total #	4.4g	3.5g	
Protein	10.0g	8.0g	
Sodium	570mg	456mg	
Salt	1.4g	1.1g	
Minerals:			
Iron	4.2mg	3.4mg	30%
Folate	42.4ug	33.9ug	
Vitamin B12	1.4ug	1.1ug	56%

# Method of Analysis AOAC method 991.43. Nutritional information obtained by analysis.



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## **FINISHED PRODUCT SPECS**

Weight:	80g – 85g
Dimensions:	115mm(L) x 10mm (H) x 70mm (W)
Crumb (If Applicable):	98% Covered

## **MICROBIOLOGICAL SPECS**

TEST	LIMIT / g
TPC	<800000 cfu/g
Ecoli	<10 per 25g
Staph	<10 per 25g
Coliforms	<1000 cfu/g
Yeasts	<2000 cfu/g
Moulds	<300 cfu/g
Listeria	<10 per 25g
Salmonella	<10 per 25g
<b>Product will be rejected if not conforming to above Microbiological Specification</b>	

## **FOR FRY GROUP FOODS (PTY) LTD**

Signature	M.Harry
Print Name	Merisha Harry
Position	NPD Co-ordinator
Date	14.02.2018